

2021 Primary Care Update

Provided by
Ascension Saint Thomas
Office of Continuing Medical Education
(615) 222-2007

**Saturday,
March 27, 2021
7:30 a.m. - 4:00 p.m.**

Offered Virtually
via Zoom



Ascension Saint Thomas

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AGENDA

7:30 - 8:00 a.m.	Conference Check-In
8:00 - 8:15 a.m.	Welcome & Course Introduction <i>Michael R. Miller, DO, DAAFP, Course Director</i>
8:15 - 8:55 a.m.	Acute COVID Syndromes and Post COVID Care: A Practical Approach <i>Stephen J. Heyman, MD, FCCP</i>
9:00 - 9:40 a.m.	Migraine Headache Therapeutic Update <i>John Kramer, BA, PA-C</i>
9:40 - 9:55 a.m.	Question & Answer
9:55 - 10:10 a.m.	Break
10:10 - 10:50 a.m.	Atrial Fibrillation - New First Line Options <i>Robert Andrew Pickett, MD, FACC, FHRS</i>
10:55 - 11:35 a.m.	Breathe Deeply - An Osteopathic Approach to Improving Respiratory Function <i>Diana Sepehri-Harvey, DO, MPH</i>
11:35 - 11:50 a.m.	Question & Answer
11:55 - 12:30 p.m.	Lunch
12:30 - 1:10 p.m.	Mental Health Impact of COVID-19 <i>Joseph M. Sharpe, MD</i>
1:15 - 2:15 p.m.	Controlled Substances Prescribing: Part 1 <i>Kayla West, PMHNP</i>
2:15 - 2:30 p.m.	Break
2:30 - 3:30 p.m.	Controlled Substances Prescribing: Part 2 <i>Ileana Arce, PharmD</i>
3:30 - 3:45 p.m.	Question & Answer
3:45 p.m.	Closing Remarks <i>Michael R. Miller, DO, DAAFP</i>
4:00 p.m.	Adjourn

FACULTY INFORMATION

Course Directors

Michael R. Miller, DO, DAAFP

Chief of Quality and Physician Advocacy
Ascension Medical Group Saint Thomas
Family Medicine Physician
Ascension Medical Group Saint Thomas Lenox Village

Faculty

Ileana Arce, PharmD

Division of Clinical Leadership Resident
Tennessee Department of Mental Health and Substance Abuse Services

Stephen J. Heyman, MD, FCCP

Pulmonary, Internal Medicine, and Sleep Medicine Physician
Ascension Medical Group Saint Thomas

John Kramer, BA, PA-C

Physician Assistant
Ascension Medical Group Saint Thomas Neurology, Bellevue

Robert Andrew Pickett, MD, FACC, FHRS

Cardiac Electrophysiology Physician
Ascension Saint Thomas Heart Midtown
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center, College of Medicine

Diana Sepehri-Harvey, DO, MPH

Family Medicine Physician
Ascension Medical Group Saint Thomas Franklin
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center, College of Medicine

Joseph M. Sharpe, MD

Psychiatric Medical Director
Ascension Saint Thomas Hospital West and Midtown
Chief Medical Officer
Ascension Saint Thomas Behavioral Health Hospital

Kayla West, PMHNP

Hospital MAT Specialist
Tennessee Department of Mental Health and Substance Abuse Services

Financial Disclosures

Ascension Saint Thomas is committed to providing CME that is fair, balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Commercial Support. All planners, faculty, and moderators of CME content are required to disclose any financial relationships with commercial interests. Ascension Saint Thomas has established mechanisms to resolve conflicts of interest should they arise. Disclosure of financial relationships will be made to learners at the time of the activity.

Special Accommodations

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at (615) 222-2007.

COURSE INFORMATION

Please join us for a day of virtual education focusing on equipping primary care providers with new guidelines and strategies to better manage care for patients with common medical conditions and disorders. Topics have been identified based on prevalence in practice, difficulty in managing, and probability of new information being available. **Participation in the Controlled Substance Prescribing sessions will meet the Tennessee Department of Health's licensure requirements for 2 hours of continuing education in controlled substance prescribing, including Chronic Pain Guidelines.**

Learning Objectives

As a result of participating in this course, learners will be able to:

- Recognize presenting signs and symptoms of COVID-19 and discuss general overview of post COVID-19 symptomatology.
- Discuss the pathophysiology of migraine headaches and the important role of Calcitonin Gene Related Peptide (CGRP).
- Define the differences between migraine with and without aura, and between episodic and chronic migraine.
- Discuss cryoablation superiority to antiarrhythmic drugs.
- Analyze Left Atrial Appendage Occlusion cost versus Direct Oral Anticoagulants.
- Recognize the four tenets of osteopathic medicine and identify the inter-relation between respiratory function and costo-thoracic structure.
- Identify diagnosis that may be overlooked in COVID-19 and ways that it can be addressed.
- Describe the current state of controlled substance abuse nationally and in Tennessee.
- Review the Chronic Pain Guidelines and discuss recent legislative changes to reduce prescription drug abuse.

Accreditation and Credit Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Ascension Saint Thomas designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participation in the Controlled Substance Prescribing sessions will meet the Tennessee Department of Health's licensure requirements for 2 hours of continuing education in controlled substance prescribing, including Chronic Pain Guidelines.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

Register Online with Visa or Mastercard <http://www.sthscme.com>

You will receive a confirmation email upon registration. If you do not receive a confirmation email, please email Caroline.Whitehead@ascension.org. Zoom instructions and login information will be emailed prior to the conference.

Registration Form for Email, Fax, or U.S. Mail

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Name _____

___MD ___DO ___NP ___PA ___RN

___Other _____

Email Address _____

Specialty _____

Telephone (_____) _____

Practice Name _____

Mailing Address _____

City _____ State _____ Zip _____

_____ \$125.00 Physician

_____ \$95.00 Other Learner (NP, PA, RN, Other)

_____ \$50.00 Resident

_____ ID Number – Ascension Saint Thomas
Non-Physician Associate or AST Resident

Charge To:

Visa or Mastercard Number _____

Expiration Date _____ Security Code _____

Billing Zip Code _____

Signature _____

Payment Options:

- **Scan and Email form to Caroline.Whitehead@ascension.org**
- **Fax form to (615) 222-6464**
- **Mail check to Ascension Saint Thomas**
Continuing Medical Education
Ascension Saint Thomas Hospital West
4220 Harding Road
Nashville, TN 37205

CANCELLATION POLICY

If it is necessary to cancel your registration, please call (615) 222-2007 by Friday, March 19th. We will refund your fee less \$25.00. No refund will be given after Friday, March 19, 2021.

*If you happen to receive more than one brochure,
please share with a colleague. Thank you!*

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